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THE QUANTUM COACH



For Immediate Release

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NEW BOOK TURNS THE MYTHS OF *THE SECRET* INTO REALITY

***Living the Law of Attraction* is the first book to feature the stories of real people applying the Law of Attraction, showing readers exactly how everyday people can achieve amazing results in their careers, health, finances and overall happiness.**

CHICAGO, ILLINOIS (September 10, 2008) – How do you take the fairytale-like principles outlined in the wildly popular bestseller *The Secret* and actually apply them in your life to manifest your dreams? The new book, [*Living the Law of Attraction*](#), is the first book to share stories of real people who turned their dreams into reality.

Award-winning writer and life coach [Elizabeth Grant](#)'s personal story was one of 60 chosen for the just-released book, which has been enthusiastically endorsed by Bob Doyle and Marie Diamond from [*The Secret*](#) (Doyle even wrote the foreword). In addition, Grant was hand-picked by authors Rich German and Robin Hoch as one of just eight contributors for an extended [audio interview program](#).

"This book gives people concrete tools to improve their lives now," says Grant, "and proves that the Law of Attraction can work for anyone of any background and socio-economic level. Your current life is just the result of your past thoughts, beliefs and actions. It has nothing to do with your

future. In one split second, you can begin to change your life into what you always dreamed it would be, and it can be brought to you on a silver platter.”

A quantum physics principle, The Law of Attraction, which was the main focus of Oprah's 2007-2008 television season, says that at all times, we are attracting people, circumstances and experiences into our lives based on the thoughts in our minds. Thought has a high amount of energy associated with it, and energy attracts like energy. Therefore, if we fill our minds with what we want and move forward using certain techniques and habits, we can effortlessly create any life experience we choose. On the other hand, if we think about what we don't want, we attract that as well.

Grant, known as The Quantum Coach™, says it's a bit more complicated than *The Secret* made it sound, however. She specializes in Law of Attraction coaching, teaching her clients specific techniques to help them live authentically and attract more of what they want into their lives. In 2007, she released her first spoken-word CD, entitled [*Morning Commute*](#), to help people keep their attention on their intentions day to day. Listeners claim the CD has actually facilitated spiritual awakenings.

Grant's personal story is both fascinating and inspiring. Prior to even hearing the term "law of attraction," she transformed her life from one of debilitating depression and panic disorder to living in a consistently blissful state and effortlessly attracting everything she needed and wanted externally. She later learned the cause of her happiness: She was inadvertently applying principles rooted in quantum physics.

Over the next several years, she became a master at the Law of Attraction, and people began to ask her to help them learn how to live the way she lived. She became a certified life coach, developed a program called Quantum Approach, and began coaching people in the principles to astounding success. Her clients credit this approach with experiencing spiritual awakenings, helping them discover their true selves and finding blissful happiness even amid chaotic and devastating external events.

A firm believer in *The Power of Thought* and *The Power of Now*, Elizabeth A. Grant, a.k.a. The Quantum Coach™, is a certified life coach, author and speaker. Her audio book, *Morning Commute*, helps listeners develop crucial mindsets, habits and beliefs to experience happiness and abundance from the inside out. She has been featured in the books *Living the Law of Attraction* and *Serendipity Jane's Guide to Life Coaching*. She is currently working on a book, *Get Paid to Do What You Love*. Elizabeth is a graduate of Iowa State University and a long-time resident of Chicago.

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